



INTERACTIVE PARKOUR SESSIONS FOR ALL

PARKOUR PARK

'Very approachable and inviting, welcoming and encouraging of our use of the Parkour Park.'
(Audience Member, ON EDGE Tour)

Available for bookings
throughout 2022-23



PARKOUR PARK

TECHNICAL AND LOGISTICAL NOTES

Set up time 2hrs

Operating time Up to 6hrs a day

Days The Parkour Park is normally booked for 1 or 2 days. Longer bookings can be considered by agreement.

Get Out 1.5hrs

Space Required 10m x 10m (including area for registrations and circulation)

Location The Parkour Park is built on top of an 8m x 8m soft floor that we provide. The Parkour Park is ideally sited on flat, level, hard-standing ground. Greenfield sites can be considered but must also be flat and level and well drained.

Sound We do not tour with a sound system, but if you have the capacity to provide sound equipment for the Park, we can provide the recorded music to soundtrack the Park whilst in operation.

Company 2 x qualified parkour instructors, 1 x Parkour Park manager 1 x crew

Local Support 1 x volunteer/steward to help with sign-ups and registration for those going on the park

Transport 1 x long wheel-base sprinter will need access to the site for unloading and get out.

Marketing We can provide a full suite of marketing assets to support the promotion of the Parkour Park at your event.

WHAT IS THE PARKOUR PARK?

The Parkour Park is inspired by our adrenalin-fuelled physical theatre show, ON EDGE. The low-level structures, with a soft floor, are perfect for giving young people the freedom and movement of parkour in a safe and managed way. All activities are overseen by our trained and qualified parkour instructors.

The Park is quick to install at one day or longer bookings at festivals, community events, town centre programmes, school activities as well as private &

corporate events. Ideal for drop-in sessions for people of all ages, it can be used by anyone new to parkour, or people with more experience.

We also offer week-long **Creative Residency** programmes with young people using the Park. These are where we work with young people to create a short piece of parkour theatre. If you are interested to hear more about our Creative Residencies, get in touch.

The Parkour Park is fully managed by our team (including First Aid cover) and has all required public liability insurance and risk assessments in place for any activity.

If you would like to know more about ON EDGE, our professional parkour theatre show for outdoor festivals, please check [here](#).

"Because of lockdown I haven't been doing my swim training. The Parkour Park helped me come back to sport and keeping fit," (Parkour Park Participant)



Who is Justice in Motion?

We are a standout physical theatre company, powerfully changing lives.

We create stunning, uncompromising, high quality, physical indoor and outdoor theatre performances that focus on issues of social injustice. Our work inspires learners of all ages to move and be moved by our shows, residencies, workshops and classes. It challenges and provokes as we share the opportunity to reshape the agenda and make a difference to ourselves and our communities.

The Parkour Park is a key element of our outreach and engagement programme with communities, to encourage positive mental and physical health and wellbeing.

*"I thought it was all about climbing walls and running around abandoned buildings, however I now know it is about unity, resilience and freedom."
(Student MK College)*

**IF YOU WOULD
LIKE TO BOOK
THE PARKOUR
PARK FOR YOUR
EVENT, PLEASE
CONTACT**

info@justiceinmotion.co.uk



For more information on the Park and Justice in Motion please visit our website or follow us on social media.

-  justiceinmotion.co.uk
-  info@justiceinmotion.co.uk
-  [justiceinmotion.theatre](https://www.facebook.com/justiceinmotion.theatre)
-  [justice_in_motion](https://www.instagram.com/justice_in_motion)
-  [JusticeMotion](https://twitter.com/JusticeMotion)
-  [justice-in-motion-theatre](https://www.linkedin.com/company/justice-in-motion-theatre)
-  [justice_in_motion](https://www.tiktok.com/@justice_in_motion)